

James [REDACTED]

My experience with the WSU V2. Essentially, it felt like I was effortlessly taken to areas of my life, past and present that needed attention of some sort. Some moments resulted in a release of tears, or just a loving acknowledgement.

I often found myself breathing to clear things out, and for a time my head and neck moved in what felt like a graceful and releasing way. I was also drawn to massaging my throat area and my hands caressed my face in an upwards movement to the top of my head which felt loving.

I would surface from something, take in the tranquillity of where I was, then be taken somewhere else. I felt like there was no thought process needed or emanating from myself - I was simply led.

One particular image surprised me, of my childhood. And I am absolutely certain this would not have come up if I was just having a quiet reflective time alone.

During the session, I felt a reluctance to go back into my world or engage with others, but it was helpful to talk about some of what I experienced after and the evening at home unravelled with ease.

Julia C, Wiltshire

The session with the Wholeness Support Unit V2 was very relaxing and revealing. I clearly realised that the pain in my body is based on fear. The fear that if I let go of the pain it might come back. It was clear that it can go since the pathogen that caused the pain in the first place has gone. However the body is holding onto it out of fear. I had a good “chat” with the mind. It seems it wants to protect me from disappointments. We came to an agreement: it can let go of the pain and if it does come back we will deal with it there and then. There also seems to be an element of fear in relation to the demands in life. I have led a very busy life in terms of career and private life. The mind makes me believe that if I let go and become strong and healthy again these demands will come back. However, I had a discussion with it and it became clear that I now have a choice and I do not need to

from James [REDACTED]

The Wholistic Life

go back to that hectic lifestyle. Many thanks to both of you for facilitating such a profound experience.

Iria K-S, Wiltshire

The WSU V2 experience was quite special - most extraordinary is how I still feel now..

- still got very slight tingling almost an invisible tremor going through my body. Especially feel it through fingers and forearms and then through my core and in to my sit bones. It reminds me of how I feel after a TRE (trauma release excercises) session only this is lasting much much longer.

- my body feels unusually warm as if my circulation has been boosted

- my chest and breathing feel different, as if I've cycled up a mountain and am breathing to bottom of my lungs, earlier - immediately after leaving - it felt more like a tightness and raw breath, now it feels deep and mellow

- Increased clarity mentally less brain fog, and almost like colours seem brighter and the world feels in crisper focus

- very connected to my body and my body connected to the ground, it felt really good to walk barefoot (which is not new, but it was strong) and even standing now here in a cafe I feel strongly planted, rooted to the ground

- strong desire to stay in the space, in this feeling and experience it to breathe in to it and enjoy it

- stillness and in it, being an "observer"

Naomi P, Wiltshire

I think the main feedback is for the first session of the WSU V2, it felt a lot like cranial work was being done. I saw auras around the tripod stands - first red, then at the end it went green. Second session just felt very calm and it was very soothing.

Caroline W, Wiltshire

My (first) experience of the WSU V2 was one of gentle peacefulness. Almost as if I was with a gentle presence supporting my intentions. I felt I could build on the experience with more sessions going deeper into my purpose.

Colin [REDACTED], Totnes

My experience in the WSU V2 was certainly enlightening.. I immediately felt a different kind of tone within it and a kind of heaviness over the brow. I wasn't sure what I was really meant to be doing, apart from doing nothing and being an observer to it. So I sat and observed with my eyes open at first, but felt that any visual distractions would, well, distract from the purpose of the sitting.

The main thing I noticed at first was how easy it was to focus on that moment rather than any chit-chattering thoughts, y'know, the ones that flutter and flutter in and out. That cheeky monkey up there! There was a serenity and peaceful calmness.

Second, with my lids closed, I was very aware of the vibes emanating from the things on top of the tripods. As I sat, trying not to hold any thoughts, I started to see lines of a narrow triangle of orangey-red light around the tripod in front of me. It surprised me and I felt little excited as it couldn't of been an imprint of it, which happens when one stares at something (which happened later on) so from then on I tried to stay with the light.

I couldn't remember in which order it happened but I started to hear a really high pitched noise, that kind of tinnitus'y sound, which I get randomly all the time. Well It's generally there in the background always, along with a rushing white noise, but sometimes just pangs in my ears super loud and almost stops me in my tracks.. I've always thought it is just tinnitus or just from listening to music way too loud (more than likely!), but it seems to happen after a particular thought. And more often these days..

Anyway, the third thing I observed was that focussed light in the centre was moving inwards, from the outer towards the centre in a kind of rhythm. It would happen in succession, then it sort of stopped and began spinning slowly like a wheel..

All in all I think it was a very sacred space to be in.

Louis R-C, Wiltshire

The experience I felt in the WSU V2 was one of unconditional love, like a giant whiteboard, cleared of all smudges and ready for me to re-write my intentions and begin afresh.

Jean, Wiltshire

What an absolute treat to be able to experience the powerful, transformational energy of the WSU V2 at the same time as having a coaching session with the wonderful James and Hannah. WOW, being in the wellness system allowed me to go much deeper into the energy behind what was being released, and I just felt ease on a whole new level, profound and complete. An absolute joy to be able to experience this. Thank you! K Lewis, Bristol

Whilst sitting in the WSU V2 I felt (and quickly visualised) a protective prism above and around me. I felt held, supported and relaxed. Bearing in mind that I was in a rush and squeezed the session in on a very busy day, during a very busy period for me, I was somewhat taken aback to be so relaxed and centred in such a short space of time. I'd definitely recommend and have already recommended!!

C [REDACTED], Wiltshire

I feel very lucky to have been able to experience the WSU V2, this is the first introduction I have had to Plasma and I was incredibly impressed, I entered in to the system feeling quite low about a few subjects and after an hour I had complete clarity and transformation, I felt a huge shift around my subject, shifts which I saw manifest in my physical life as well, I have not stopped raving about this product to all my friends, and it really helps you get in the crux of clearing much quicker than I could have done it alone. Amazing!

N [REDACTED], Wiltshire

Spending time in the Wholeness Support Unit V2 was magical. I felt a great sense of peace and connection to source. It gave me a chance to switch off and listen to my intuition for some powerful guidance on my top priorities right now. Afterwards I felt very relaxed, positive and motivated to take inspired action. Truly grateful for the experience and I can highly recommend it!